

Betts Avenue News

Opening Hours – Monday – Friday 08:30am – 6pm

Travel Advice

For advice on travel vaccinations you can visit

<https://www.fitfortravel.nhs.uk/home>.

We are only able to provide NHS provision of vaccines which are Hepatitis A, Typhoid and Diphtheria, Tetanus and Polio. All other vaccines and antimalarials should be sought at a private travel facility such as Boots or Superdrug.

Patient Participation Group

Our next meeting will be held on Tuesday 3rd September at 11:50am at Kenton Medical Centre.

We will be discussing our E-consult programme and updates on new GPs.

Tea, Coffee, Biscuits and Cake will be served.

E-Consult!

- The practice is now live with e-consultations.
- E-Consult provides an online portal where patients can self check their symptoms and receive medical advice.
- You can ask for help with a specific problem or condition, ask for general advice if you are not sure what your symptoms mean or request for administrative help for things like sick notes etc.
- You can receive advice and treatment by the end of the next working day, you may not have to even come to the surgery.

Please visit our website to start a E-Consult.

Consult our doctors online

Our eConsult service lets you:

- Request advice and treatment from our practice online
- Get self-help advice for hundreds of common conditions

GET STARTED

Surgery Closures

Monday 26th August – All Day

Tuesday 10th September – 12pm – 6pm

Wednesday 16th October – 12pm – 6pm

Wednesday 20th November – 12pm – 6pm

www.bettsavenue.nhs.uk

Contact Us

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Think Sepsis – Talk Sepsis – Treat Sepsis

Sepsis is a serious complication of infection. Without quick treatment, sepsis can lead to multiple organ failure and death. There are around 250,000 cases of sepsis a year in the UK according to the UK Sepsis Trust.

Seek medical help urgently if you develop any or one of the following →

Slurred speech or confusion
Extreme shivering or muscle pain
Passing no urine (in a day)
Severe breathlessness
It feels like you're going to die
Skin mottled or discoloured

Do you really need a prescription ?

In the year prior to June 2017, the NHS spent approximately £569 million on prescriptions for medicines, which could otherwise be purchased over the counter at a chemist or supermarket, sometimes at a lower cost than that which would be incurred by the NHS.

These prescriptions include items for a condition that is considered to be self-limiting and so does not need treatment as it will heal or be cured of its own accord.

More cost-effective use of stretched NHS resources allows money to be spent where it is most needed, whilst improving patient outcomes. As an example, every £1m saved on prescriptions for over the counter treatments could fund (approx.)

- *39 more community nurses; or
- *270 more hip replacements; or
- *66 more drug treatment courses for breast cancer; or
- *1000 more drug treatment courses for Alzheimer's; or
- *1040 more cataract operations.

NHS Campaigns 2019

Organ Donation
Week
3rd – 9th September
2019

World Sepsis Day
13th September
2019

National
Cholesterol Month
1st – 31st October
2019

World Mental
Health Day
10th October 2019

NHS